

MIRKA VLACHOU

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Hight: 1,68 cm

THEATRE & OPERA

2024 S.A.M. Theatre Company	Actress	Kimonas Fioretos, Athens
2022 Makrigiannis Unplugged	Actress /Choreographer	G. Karamichos, Athens & LA
2018 Lessons in Love & Violence	Actress	K. Mitchel, National Dutch Opera
2018 Le Contes d' Hoffman	Actress	T. Kratzer, National Dutch Opera
2017 West Side Story	Ensemble	Nic Espinosa, Arts Depot London
2017 Chicago	Ensemble	Nic Espinosa, Arts Depot London
2016 Mama Mia	Ensemble	Nic Espinosa, Arts Depot London

DANCE

2019 Nomads	Dancer / Assistant Director	C. Mastori, Fringe Fest. , Amsterdam
2019 Dantzaz Dance Company	Dancer	National Tour, Spain
2018 Australian Dance Theatre	Dancer	Garry Stewart, Australia
2017 Intoto Dance Company	Dancer	Sue Brooker, London
2017 Fat Freddy's Drop Music Video	Dancer	N. Johnston, London

MOVIES & COMMERCIALS

2025 Odyssey	Actress	Christopher Nolan
2025 House of David	Actress	Jon Erwin, Jon Gunn
2024 Sacrifice	Actress	Romain Gavras Heretic
2023 Skyexpress	Actress	Filmiki, Greece

EDUCATION

2023 Seminar with Adolf Shapiro in Chekov, Greece
2022 Acting on screen seminar with full scholarship from Oxbelly and NFTS
2022 Dance & Creation seminar with Peeping Tom Dance Company, Brussels
2020 Voice over seminar, Lott Productions / Disney, LA
2019 500 Hours Yoga Teachers Training, Certified by Yoga Alliance, Nepal
2014 - 2017 BA Hons in Dance & Musical Theatre, London Studio Centre - Middlesex University
2012 - 2013 Dance & Musical Theatre. Bird College, London

SKILLS

Singing Specialties: Soprano, Musical, Classical, Pop, Music Theory, Piano.
Dance: Ballet, Contemporary, Jazz, Musical Theatre, Greek Folk, Partner Work, Swing
Acro Yoga, Horse Riding
Languages: Greek, English, German
Accents: Greek, British, American