

Lock House, 35 Oval Road
NW1 7BF, London

anastasiatoumpourou@gmail.com
Spotlight: <https://app.spotlight.com/0938-4504-5148>
@anastasiatoumpourou

ANASTASIA TOUMPOUROU

ABOUT ME

A determined and disciplined actor. I bring three years of intensive actor training alongside additional theatre studies in playwriting, movement, installation art, and workshop leading. I am committed to continuous growth both artistically and professionally and seek opportunities that allow me to deepen my skills, expand my creative horizons, and contribute passionately to meaningful, inspiring projects.



EDUCATION

London Metropolitan University
London
Bachelor's Degree in Acting
2019–2023
Graduated with First Class

FILM, TV, AND VOICE CREDITS

Supporting Actress
The INFRA Experiment
(Independent Film)
2023
Played the role of Tina, one of the experiment's participants.

TRAINING & WORKSHOPS

Contemporary Dance Workshop
City Academy
2024
Brushed up skills in long form improvisation and the fundamentals of contemporary dance.

SPECIAL SKILLS

- Fluent in Greek and English,
- RP accent trained
- Singing (soprano)
- Sports: Skiing and horse-riding
- Basic stage combat knowledge

Ensemble
The Shrine Of The Goat
(Installation)
2022
Part of a Concept & Performance project by Jacek Ludwig Scarso, at Anise Gallery. The performance was featured in the London Festival Of Architecture.

Voiceover Actress
EDITH
2023
Narrated the role of Annie, one the best friends of the main character.