

Lock House, 35 Oval Road  
NW1 7BF, London

anastasiatoumpourou@gmail.com  
Spotlight: <https://app.spotlight.com/0938-4504-5148>  
@anastasiatoumpourou

# ANASTASIA TOUMPOUROU

## ABOUT ME

A determined and disciplined actor. I bring three years of intensive actor training alongside additional theatre studies in playwriting, movement, installation art, and workshop leading. I am committed to continuous growth both artistically and professionally and seek opportunities that allow me to deepen my skills, expand my creative horizons, and contribute passionately to meaningful, inspiring projects.



## EDUCATION

**London Metropolitan University**  
London  
Bachelor's Degree in Acting  
2019–2023  
Graduated with First Class

## FILM, TV, AND VOICE CREDITS

**Supporting Actress**  
The INFRA Experiment  
(Independent Film)  
2023  
Played the role of Tina, one of the experiment's participants.

**Ensemble**  
The Shrine Of The Goat  
(Installation)  
2022  
Part of a Concept & Performance project by Jacek Ludwig Scarso, at Anise Gallery. The performance was featured in the London Festival Of Architecture.

**Voiceover Actress**  
EDITH  
2023  
Narrated the role of Annie, one of the best friends of the main character.

## TRAINING & WORKSHOPS

**Contemporary Dance Workshop**  
City Academy  
2024  
Brushed up skills in long form improvisation and the fundamentals of contemporary dance.

## SPECIAL SKILLS

- Fluent in Greek and English,
- RP accent trained
- Singing (soprano)
- Sports: Skiing and horse-riding
- Basic stage combat knowledge